

Carly is a native of Birmingham, Alabama where she attended Shades Valley High School, playing as an outside hitter on 3 elite-eight state tournament teams. She played collegiately as an outside hitter at South Florida Community College, and then at Georgia Southwestern. Garnering national rankings in both digs/game (7th) and kills/game (32nd) at SFCC while earning all-conference honors. At GSW she was ranked in the conference top 10 of multiple statistical categories (points scored, kills, digs, hitting percentage) earning all-conference and all-regional awards while winning a conference tournament title.

Carly has been coaching club since her sophomore year in college, and was a co-owner/director of BVC for 10 years; a position she resigned to devote more time to her family. She has also coached high school volleyball locally at: Oak Mtn HS, Pelham HS, Mtn. Brook HS, and Chelsea HS.

What Carly loves most about coaching is seeing the development of the athlete as a whole; not just on the court, but as a citizen, student, sister, daughter, etc. "It's so fun to watch these young ladies from 6th grade to high school varsity, and through their collegiate years, and then if we are really lucky, getting to work with them as coaches if their post-college path leads them back to Birmingham. I love being a small part of that 'village'." Relationships come in a close second to the best thing about club volleyball for Carly, "I deeply value the relationships built during club; with the players, parents, and other coaches. It can sometimes be a long and taxing season, but when you have those great relationships and you get to work with some of your best friends, it makes it easy to get in the gym and work hard."