

This is Sarah's first season as a BVC coach, but she has two previous years of experience coaching club. She is a graduate from Birmingham-Southern College where she was the starting outside hitter for 4 seasons.

Sarah hails from San Antonio, TX where she played for two nationally ranked teams, Winston Churchill High School and Alamo Volleyball Club. During her time with Alamo her team won two bronze medals and one gold medal in the open division of the national tournament.

As a collegiate volleyball player, Sarah was a member of the last class of the Division I program. She broke numerous records during her career, including all time kill and dig leader (currently 2nd in all time dig leaders) and won BSC's female Student-Athlete of the Year her sophomore season. She was also a member of the program record breaking team with a season record of 32-3. Sarah was also a member of the SCAC All-Conference Academic Team.

Sarah currently works as the Human Resources Administrator at the Greater Birmingham Humane Society. She has a great passion for animal welfare and loves working for the Humane Society.